

**Local Government Health Insurance Program**



**2010  
Administrative Procedures  
Guide**





**STATE OF ALABAMA  
STATE EMPLOYEES' INSURANCE BOARD**

**Local Government Health Insurance Plan**

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October 1, 2009

**MEMORANDUM**

TO: ALL LOCAL GOVERNMENT UNITS

FROM: William L. Ashmore, CPA  
Chief Executive Officer

SUBJECT: Local Government Health Insurance Program

The State Employees' Insurance Board is pleased to provide the Local Government Health Insurance Program (LGHIP). Legislative Act 92-303 established LGHIP to provide affordable group health insurance coverage for employees of local government units, certain organizations, and associations. The LGHIP is a self-insured group health insurance program funded from the premiums of the participating local government units and their subscribers.

The first part of this guide contains application instructions for new groups to enroll in the Local Government Program and criteria for establishing eligibility. Also enclosed are summaries of benefits, premiums, enrollment forms, and explanations of billing procedures. Please read and follow all instructions carefully.

We welcome this opportunity to offer you the Local Government Health Insurance Program and trust this program will provide the health insurance coverage to meet your needs. If you have any questions or if we can be of further service, please contact a member of the Local Government staff at 334.263.8326 or 1.866.836.9137.

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Local Government

Health Insurance Program Guide

Effective: January 1, 2010



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# **I. GROUP APPLICATION AND ENROLLMENT**

## **A. Code of Alabama 1975, Section 36-29-14**

Any agency of the state, or any governmental entity, body, or subdivision thereto, any county, any municipality, any municipal foundation, any fire or water district, or authority, or cooperative, any regional planning and development commission established pursuant to Sections 11-85-50 through 11-85-73, that is not and was not for the twelve (12) months immediately preceding the date of application to participate in any plan created pursuant to the provisions of this article a member of an existing government sponsored health insurance program, formed under the provisions of Section 11-26-2, the Association of County Commissions of Alabama or the Alabama League of Municipalities, the Alabama Retired State Employees' Association, the Alabama State Employees Credit Union, Easter Seals Alabama, Alabama State University, or the Alabama Rural Water Association, Rainbow Omega, Incorporated, The Arc of Alabama, Incorporated, and any of the affiliated local chapters of The Arc of Alabama, Incorporated, any railroad authority organized pursuant to Chapter 13, Title 37, or any solid waste disposal authority organized pursuant to Chapter 89A, Title 11 may, by resolution legally adopt to conform to rules prescribed by the State Employees' Insurance Board, may elect to have its officers, members, employees, and retired employees become eligible for health insurance coverage under the State Employees' Insurance Board without any liability to the state or the State Employees' Health Insurance Plan.

Acceptance of the employees identified above shall be optional with the State Employees' Insurance Board.

Employees, officers and retirees who are eligible for health insurance pursuant to this section shall be entitled to coverage and benefits as designated by the State Employees' Insurance Board.

Any portion of the cost of the insurance coverage as determined by the State Employees' Insurance Board for the employees, officers and retirees and their dependents pursuant to this section may be paid by the employer.

The chief fiscal officer of each employer shall remit to the State Employees' Insurance Board the amount of premiums required for employee and dependent coverage under this section. The employer shall furnish the necessary information to the State Employees' Insurance Board.

The agreement of any employer to have its employees, officer and retirees to be covered under the health insurance plan provided by the State Employees' Insurance Board may be revoked only by complying with the following provisions:

The employer, by resolution of the governing body, shall signify its intention and desire to withdraw from such plan in writing and by delivering a copy of such resolution by certified mail to the State Employees' Insurance Board no later than six months prior to the effective date of withdrawal. Any employer that withdraws from participation in such plan shall be responsible for paying its claims incurred prior to the date of withdrawal, but not

reported and paid prior to the date of withdrawal. The withdrawing employer shall also be liable for interest which will accrue at a rate of 1.5 percent per month on any monies due to the State Employees' Insurance Board which are over 30 days past due. Any organization that provides or administers health insurance benefits through the Local Government Health Insurance Program shall not provide or administer health insurance benefits to any entity which withdraws from the Local Government Health Insurance Program for a period of two years from the effective date of withdrawal. Any group that withdraws from participation shall serve a three-year waiting period from the effective date of the group's termination before such group (in good standing) may apply for re-enrollment into the Program.

The State Employees' Insurance Board shall promulgate such rules and regulations as may be necessary for the effective administration of the provisions of this section. (Title 36, Chapter 29, *Code of Alabama 1975*, as amended). The SEIB shall have absolute discretion and authority to interpret the terms of the plan and reserves the right to change the terms and/or end the plan at any time and for any reason.

B. Group Enrollment

The governing body of any local government unit may petition, by resolution, the State Employees' Insurance Board (hereafter referred to as "SEIB") at any time for acceptance into the Local Government Health Insurance Program, (hereafter referred to as "Program"). Upon acceptance of a groups' contract by SEIB, the group's effective date shall be the first day of the second full month following approval. See Section IV, H for complete details.

C. Application Fee

A \$50-per-employee (minimum \$100) application fee must be submitted by the local government unit along with the application package. The fee covers the equity buy-in into the Program's reserve, accumulated by existing units. This amount is due at time of application and is non-refundable. Application fee is subject to change. Contact the SEIB for current rate.

## II. SUMMARY OF BENEFIT PLANS

Each employee is eligible for coverage by Blue Cross and Blue Shield of Alabama. Dental coverage is optional to the local government unit. The unit, as a whole, may elect dental coverage or not elect dental coverage.

## III. PREMIUMS

Each local government unit is classified into either the "standard", "preferred" or "preferred in transition" category for calculating active employee premiums. The criteria used to determine a unit's premium category is as follows:

## **Standard Premium Category**

Units meeting one or more of the following criteria:

- New units with less than two (2) complete years of claims experience during the review period. For FY 2010, the review period was April 1, 2007 to March 31, 2009.
- Units, who enroll retirees in the Local Government Health Insurance Program, with less than 5% retiree participation in the unit's total enrollment.
- Units with an average claims cost per employee for the review period that exceeds the average claims cost per employee for all local government units combined. (Dental claim costs are not included.)

## **Preferred Premium Category**

Units who do not meet one of the above criteria for the standard premium category are classified in the preferred premium category for active employees.

## **Preferred in Transition**

Units that do not qualify outright for the preferred rate group because the average claims costs for the past two years exceeded the LGHIP average. However, the unit's average claims costs were within range of the LGHIP average, so the SEIB is transitioning the unit to the preferred rate group as long as the unit does not meet one of the other criteria for the standard rate category.

## **Retiree Premium Category**

Retiree premiums are calculated based on the claims experience for retirees and do not use standard, preferred or preferred in transition premium categories.



**Monthly premiums effective October 1, 2009  
Blue Cross Blue Shield**

**Active Rates**

Rate		Preferred Rates			Preferred in Transition			Standard Rates		
		Employee Share	Dependent Share	Total	Employee Share	Dependent Share	Total	Employee Share	Dependent Share	Total
A	Active subscriber	\$ 367		\$ 367	\$ 367		\$ 367	\$ 400		\$ 400
B	Active subscriber & dependent	\$ 367	\$ 525	\$ 892	\$ 367	\$ 555	\$ 922	\$ 400	\$ 608	\$1,008
J	Active subscriber (no dental)	\$ 349		\$ 349	\$ 349		\$ 349	\$ 382		\$ 382
K	Active subscriber & dependent (no dental)	\$ 349	\$ 499	\$ 848	\$ 349	\$ 529	\$ 878	\$ 382	\$ 582	\$ 964
1	Active subscriber (no drug)	\$ 312		\$ 312	\$ 312		\$ 312	\$ 345		\$ 345
2	Active subscriber & dependent (no drug)	\$ 312	\$ 525	\$ 837	\$ 312	\$ 555	\$ 867	\$ 345	\$ 608	\$ 953



**Monthly premiums effective October 1, 2009  
Blue Cross Blue Shield and Blue Advantage**

**Retiree Rates**

		<b>Retiree Share</b>	<b>Dependent Share</b>	<b>Total</b>
<b>Rate</b>				
H	Retired subscriber (not Medicare)	\$ 733		\$ 733
I	Retired subscriber (not Medicare) & dependent (not Medicare)	\$ 733	\$ 616	\$ 1,349
C	Retired subscriber (not Medicare) & dependent (Medicare)	\$ 733	\$ 373	\$ 1,106
C	Retired subscriber (not Medicare) & dependent (Blue Advantage)	\$ 733	\$ 246	\$ 979
L	Retired subscriber (not Medicare) (no dental)	\$ 715		\$ 715
M	Retired subscriber (not Medicare) & dependent (not Medicare) (no dental)	\$ 715	\$ 590	\$ 1,305
N	Retired subscriber (not Medicare) & dependent (Medicare) (no dental)	\$ 715	\$ 347	\$ 1,062
N	Retired subscriber (not Medicare) & dependent (Blue Advantage) (no dental)	\$ 715	\$ 246	\$ 961
3	Retired subscriber (not Medicare) (no drug)	\$ 678		\$ 678
4	Retired subscriber (not Medicare) & dependent (not Medicare) (no drug)	\$ 678	\$ 616	\$ 1,294
5	Retired subscriber (not Medicare) & dependent (Medicare) (no drug)	\$ 678	\$ 373	\$ 1,051
5	Retired subscriber (not Medicare) & dependent (Blue Advantage) (no drug)	\$ 678	\$ 246	\$ 924
D	Retired subscriber (Medicare)	\$ 365		\$ 365
E	Retired subscriber (Medicare) & dependent (not Medicare)	\$ 365	\$ 509	\$ 874
F	Retired subscriber (Medicare) & dependent (Medicare)	\$ 365	\$ 373	\$ 738
F	Retired subscriber (Medicare) & dependent (Blue Advantage)	\$ 365	\$ 246	\$ 611
O	Retired subscriber (Medicare) (no dental)	\$ 347		\$ 347
P	Retired subscriber (Medicare) & dependent (not Medicare) (no dental)	\$ 347	\$ 483	\$ 830
Q	Retired subscriber (Medicare) & dependent (Medicare) (no dental)	\$ 347	\$ 347	\$ 694
Q	Retired subscriber (Medicare) & dependent (Blue Advantage) (no dental)	\$ 347	\$ 246	\$ 593
6	Retired subscriber (Medicare) (no drug)	\$ 310		\$ 310
7	Retired subscriber (Medicare) & dependent (not Medicare) (no drug)	\$ 310	\$ 509	\$ 819
8	Retired subscriber (Medicare) & dependent (Medicare) (no drug)	\$ 310	\$ 373	\$ 683
8	Retired subscriber (Medicare) & dependent (Blue Advantage) (no drug)	\$ 310	\$ 246	\$ 556
D	Retired subscriber (Blue Advantage)	\$ 246		\$ 246
E	Retired subscriber (Blue Advantage) & dependent (not Medicare)	\$ 246	\$ 509	\$ 755
E	Retired subscriber (Blue Advantage) & dependent (not Medicare) (no dental)	\$ 246	\$ 483	\$ 729
F	Retired subscriber (Blue Advantage) & dependent (Medicare)	\$ 246	\$ 373	\$ 619
F	Retired subscriber (Blue Advantage) & dependent (Medicare) (no dental)	\$ 246	\$ 347	\$ 593
F	Retired subscriber (Blue Advantage) & dependent (Blue Advantage)	\$ 246	\$ 246	\$ 492

Note: The current rates for Blue Advantage will remain in effect until January 1, 2010.



**Monthly premiums effective October 1, 2009  
Blue Cross Blue Shield**

**COBRA Rates**

Rate		Preferred Rates			Preferred in Transition			Standard Rates		
		Employee Share	Dependent Share	Total	Employee Share	Dependent Share	Total	Employee Share	Dependent Share	Total
A	Active subscriber	\$ 374		\$ 374	\$ 374		\$ 374	\$ 408		\$ 408
B	Active subscriber & dependent	\$ 374	\$ 536	\$ 910	\$ 374	\$ 566	\$ 940	\$ 408	\$ 620	\$ 1,028
J	Active subscriber (no dental)	\$ 356		\$ 356	\$ 356		\$ 356	\$ 390		\$ 390
K	Active subscriber & dependent (no dental)	\$ 356	\$ 509	\$ 865	\$ 356	\$ 540	\$ 896	\$ 390	\$ 594	\$ 984
1	Active subscriber (no drug)	\$ 318		\$ 318	\$ 318		\$ 318	\$ 352		\$ 352
2	Active subscriber & dependent (no drug)	\$ 318	\$ 536	\$ 854	\$ 318	\$ 566	\$ 884	\$ 352	\$ 620	\$ 972
U	COBRA Disabled (Single)	\$ 551		\$ 551	\$ 551		\$ 551	\$ 600		\$ 600
w	COBRA Disabled (Family)	\$ 551	\$ 536	\$1,087	\$ 551	\$ 566	\$1,117	\$ 600	\$ 620	\$ 1,220
U	COBRA Disabled (Single) (no dental)	\$ 524		\$ 524	\$ 524		\$ 524	\$ 573		\$ 573
w	COBRA Disabled (Family) (no dental)	\$ 524	\$ 509	\$1,033	\$ 524	\$ 540	\$1,064	\$ 573	\$ 594	\$ 1,167



**Monthly premiums effective October 1, 2009  
Blue Cross Blue Shield and Blue Advantage  
Retiree COBRA Rates**

Rate		Retiree Share	Dependent Share	Total
H	Retired subscriber (not Medicare)	\$ 748		\$ 748
I	Retired subscriber (not Medicare) & dependent (not Medicare)	\$ 748	\$ 628	\$ 1,376
C	Retired subscriber (not Medicare) & dependent (Medicare)	\$ 748	\$ 380	\$ 1,128
C	Retired subscriber (not Medicare) & dependent (Blue Advantage)	\$ 748	\$ 246	\$ 994
L	Retired subscriber (not Medicare) (no dental)	\$ 729		\$ 729
M	Retired subscriber (not Medicare) & dependent (not Medicare) (no dental)	\$ 729	\$ 602	\$ 1,331
N	Retired subscriber (not Medicare) & dependent (Medicare) (no dental)	\$ 729	\$ 354	\$ 1,083
N	Retired subscriber (not Medicare) & dependent (Blue Advantage) (no dental)	\$ 729	\$ 246	\$ 975
3	Retired subscriber (not Medicare) (no drug)	\$ 692		\$ 692
4	Retired subscriber (not Medicare) & dependent (not Medicare) (no drug)	\$ 692	\$ 628	\$ 1,320
5	Retired subscriber (not Medicare) & dependent (Medicare) (no drug)	\$ 692	\$ 380	\$ 1,072
5	Retired subscriber (not Medicare) & dependent (Blue Advantage) (no drug)	\$ 692	\$ 246	\$ 938
D	Retired subscriber (Medicare)	\$ 372		\$ 372
E	Retired subscriber (Medicare) & dependent (not Medicare)	\$ 372	\$ 519	\$ 891
F	Retired subscriber (Medicare) & dependent (Medicare)	\$ 372	\$ 380	\$ 752
F	Retired subscriber (Medicare) & dependent (Blue Advantage)	\$ 372	\$ 246	\$ 618
O	Retired subscriber (Medicare) (no dental)	\$ 354		\$ 354
P	Retired subscriber (Medicare) & dependent (not Medicare) (no dental)	\$ 354	\$ 493	\$ 847
Q	Retired subscriber (Medicare) & dependent (Medicare) (no dental)	\$ 354	\$ 354	\$ 708
Q	Retired subscriber (Medicare) & dependent (Blue Advantage) (no dental)	\$ 354	\$ 246	\$ 600
6	Retired subscriber (Medicare) (no drug)	\$ 316		\$ 316
7	Retired subscriber (Medicare) & dependent (not Medicare) (no drug)	\$ 316	\$ 519	\$ 835
8	Retired subscriber (Medicare) & dependent (Medicare) (no drug)	\$ 316	\$ 380	\$ 696
8	Retired subscriber (Medicare) & dependent (Blue Advantage) (no drug)	\$ 316	\$ 246	\$ 562
D	Retired subscriber (Blue Advantage)	\$ 246		\$ 246
E	Retired subscriber (Blue Advantage) & dependent (not Medicare)	\$ 246	\$ 519	\$ 765
E	Retired subscriber (Blue Advantage) & dependent (not Medicare) (no dental)	\$ 246	\$ 493	\$ 739
F	Retired subscriber (Blue Advantage) & dependent (Medicare)	\$ 246	\$ 380	\$ 626
F	Retired subscriber (Blue Advantage) & dependent (Medicare) (no dental)	\$ 246	\$ 354	\$ 600
F	Retired subscriber (Blue Advantage) & dependent (Blue Advantage)	\$ 246	\$ 246	\$ 492

Note: The current rates for Blue Advantage will remain in effect until January 1, 2010.



## **IV. INSTRUCTIONS FOR APPLICATION PACKAGE**

### **A. Complete the General Information sheet as follows:**

1. Put a check mark in the blank space beside "Initial Enrollment" for the first General Information sheet submitted to the State Employees' Insurance Board.
2. After local governments are enrolled into the Program, this form will also be used to revise enrollment information. When a change occurs in the address, local government health insurance administrator, contact person for billing purposes, or the telephone number, submit a new General Information sheet with the appropriate changes and put a check mark in the blank space beside "Revised Enrollment Information."
3. Enter the nine-digit Federal Identification Number.
4. Enter the name of the county, municipality, fire or water district or authority, or other group who is eligible for enrollment in the Program.
5. Enter the complete address, including post office box number, where the billing statements and other correspondence related to the Program are to be mailed.
6. Enter the insurance carrier who currently administers the health insurance plan.
7. Enter the person's name, title, telephone number and e-mail address that will be primarily responsible for managing and making decisions concerning the Program.
8. Enter the person's name, title, telephone number and e-mail address that should receive the monthly invoices and be contacted for any enrollment/billing information.
9. Enter the name of an additional employee who may be contacted for information when the primary unit contact is unavailable.
10. Enter the name of the person completing the form.

### **B. Distribute blank Local Government Health Insurance Enrollment Forms and Declination of Coverage Forms to all eligible participants. These forms are included in this Administrative Guide and may be reproduced as needed. After these forms are completed, collect them and submit them to the SEIB along with the rest of the enrollment package.**

### **C. Complete the Participation sheet as follows:**

1. Enter the name of the county, municipality, fire or water district or authority, or other group who is eligible for enrollment in the Program.

2. Enter the total number of full-time permanent employees, elected officers and retirees who enroll in or decline participation in the Program. Eligible participants are identified in the Eligibility & Enrollment Rules section.
3. Enter the total number of employees who completed the enrollment forms and are being enrolled in the Program for **single** coverage.
4. Enter the total number of employees who are enrolled for **family** coverage.
5. Enter the percentage of the employee premium for single coverage paid by the employer and the percentage paid by the employee.
6. Enter the percentage of the dependent premium paid by the employer and the percentage paid by the employee.
7. Circle Yes or No for the dental option. For employees to receive dental benefits, the local government unit must choose for all employees to have dental benefits.
8. Circle Yes or No whether your Local Government Unit will allow retirees without Medicare to continue on insurance.
9. Circle Yes or No whether your Local Government Unit will allow retirees with Medicare to continue on insurance.

We also require that a complete listing of all employee names and social security numbers by department be included with this application. This is for informational purposes and may be used to verify employment status.

- D. After carefully studying all information and requirements relating to the Program, the county, municipality, fire or water district or authority, or other eligible group should adopt and approve a resolution to officially apply for enrollment in the Program. (A resolution is included.)
- E. Submit the following documents:
  1. General Information sheet
  2. Participation sheet
  3. Resolution
  4. Application fee
  5. An Enrollment Form, with documentation, or Declination of Coverage Form, with acceptable proof, for each eligible participant.
  6. A listing by department of employee names and Social Security numbers.
  7. A listing of COBRA participants.

<b>By Mail</b>	<b>By Overnight Delivery</b>
<b>State Employees' Insurance Board            Post Office Box 304900            Montgomery, Alabama 36130-4900</b>	<b>State Employees' Insurance Board            201 South Union Street, Suite 200            Montgomery, Alabama 36104</b>

- F. If the SEIB accepts the application for enrollment into the Program, a certificate of participation will be mailed to the eligible group. If the application is not accepted, the reason for not being accepted will be forwarded to the group.
- G. SEIB will periodically conduct reviews of those groups accepted into the Program to ensure conformity with the rules and regulations governing the Program.
- H. Group contract's effective date shall be the first day of the second full month following approval by the SEIB. For example, complete packets received on January 20 would be eligible for an effective date of March 1. Complete packets received on January 21 would be eligible for an effective date of April 1.



**LOCAL GOVERNMENT HEALTH INSURANCE PROGRAM**

**General Information**

This Application is: \_\_\_\_\_ Initial Enrollment  
\_\_\_\_\_ Revised Enrollment Information

Federal ID Number \_\_\_\_\_

Name \_\_\_\_\_

Address for Billing \_\_\_\_\_

Street Address or P. O. Box

Street Address or P. O. Box

City

State

ZIP Code

County

Prior Insurance Carrier \_\_\_\_\_

Health Insurance Administrator \_\_\_\_\_

Position/Title \_\_\_\_\_ Telephone (\_\_\_\_) \_\_\_\_\_

Unit E-Mail Address \_\_\_\_\_

Contact Person for Billing \_\_\_\_\_

Position/Title \_\_\_\_\_ Telephone (\_\_\_\_) \_\_\_\_\_

Unit E-Mail Address \_\_\_\_\_

Additional Contact Person \_\_\_\_\_

Form Completed By: \_\_\_\_\_ Date \_\_\_\_\_

<b>FOR SEIB USE ONLY. DO NOT WRITE IN THIS SPACE.</b>	
<b>GROUP ENTITY NO.</b> _____	<b>DATE</b> _____
<b>EFFECTIVE DATE</b> _____	<b>DENTAL</b> _____
<b>RETIREEES (NON-MEDICARE)</b> _____	<b>(MEDICARE)</b> _____
<b>NEW HIRES</b> _____	
<b>ELECTED OFFICIALS</b> _____	



# LOCAL GOVERNMENT HEALTH INSURANCE PROGRAM

## Participation Sheet

1. Group Name: \_\_\_\_\_

The above-named group certifies the following numbers and percentages of eligible and enrolled participants at the date of application:

2. Active: Enrolled \_\_\_\_\_ Declined \_\_\_\_\_

Elected: Enrolled \_\_\_\_\_ Declined \_\_\_\_\_

Retired: Enrolled \_\_\_\_\_ Not Enrolled \_\_\_\_\_

Total Eligible

Participants: Enrolled \_\_\_\_\_ Declined \_\_\_\_\_

3. Eligible participants enrolled for single coverage \_\_\_\_\_

4. Eligible participants enrolled for family coverage \_\_\_\_\_

5. % of employee premium to be paid by employer \_\_\_\_\_

% of employee premium to be paid by employee \_\_\_\_\_

6. % of dependent premium to be paid by employer \_\_\_\_\_

% of dependent premium to be paid by employee \_\_\_\_\_

7. Dental option is elected for all employees: YES NO

8. Retirees YES NO

9. Retirees with Medicare YES NO

**IMPORTANT! Attach to this application package an alphabetical listing of employee names and Social Security numbers by department included in this local government unit.**



# RESOLUTION

**WHEREAS,** \_\_\_\_\_ wishes to participate in the Local Government Health Insurance Program established by *Code of Alabama 1975*, Section 36-29-14, as amended; and

**WHEREAS,** we agree to abide by the rules and procedures promulgated by the State Employees' Insurance Board for the Local Government Health Insurance Program; and

**WHEREAS,** the information submitted for enrollment into this health insurance Program has been verified for completeness and accuracy; and

**WHEREAS,** an application fee is submitted as part of this Application Package as our equity contribution to the fund's reserves that have accumulated in prior years by existing eligible groups;

NOW, THEREFORE, BE IT RESOLVED, that \_\_\_\_\_ does hereby submit this application package to participate in the Local Government Health Insurance Program, as administered by the State Employees' Insurance Board.

**ADOPTED AND APPROVED THIS DATE:** \_\_\_\_\_

\_\_\_\_\_  
Authorized Person's Signature

\_\_\_\_\_  
Type or Print Name & Title



## V. ELIGIBILITY AND ENROLLMENT RULES

### A. Minimum Employee Participation

All current and future eligible active employees, and elected officers if covered by the unit, must be enrolled for acceptance into the Program unless proof of other group insurance is provided. All employees who decline coverage must sign a "Declination of Coverage" form (LG04) and submit acceptable proof of other coverage.

If the unit elects to provide insurance coverage for its retirees, such coverage must be offered to all current and future retirees. The SEIB may periodically require and verify employment census.

### B. Eligible Participants

1. Employee - an employee must be a **permanent active full-time employee**, who is not on layoff or leave of absence. An employee must be employed in a bona fide employer-employee relationship, working 30 hours (minimum) per week. You are not eligible for coverage if you are classified as an employee on a temporary, part-time, seasonal, intermittent, emergency or contract basis, or if employment is known to be for a period of one year or less.

Elected officers of a local government unit are also eligible while in office. Elected officers will be classified for insurance purposes as active employees.

2. Retiree - a retired employee may elect to continue coverage under a plan designated by the SEIB if:
  - retiree has 25 years of creditable service, regardless of age, or
  - retiree has 10 years of service and:
    - is 60 years old or
    - is determined to be disabled by the Social Security Administration or the Retirement Systems of Alabama

An elected official retiring from a unit that offers health insurance coverage to its retirees, but who is not eligible to receive the same pension benefits from the unit due to local, state or federal law as full-time employees may be eligible to elect to continue coverage under a plan designated by the SEIB if the retired official:

- has at least 25 years of service with the unit he or she is retiring from, regardless of age, and
- has been enrolled in the LGHIP for at least 10 years prior to the date of retirement. (If unit has been enrolled in the LGHIP less than 10 years, the elected official must have been enrolled from the unit's inception date.)

Before the SEIB will consider coverage for a retired elected official, the unit must submit an elected official retiree enrollment form (Form LG10), which will include references to the local state or federal law that prohibits pension benefits and certify that no local, state or federal law will be violated by continuing the retired elected official's health insurance coverage.

Individuals enrolling in the LGHIP after January 1, 2005 must:

- have been enrolled in the local government health plan for 10 years prior to the date of retirement, or
- if unit has been enrolled less than 10 years, the employee must have been enrolled from the unit's inception date.

Any retired employee who does not meet the above requirements will be considered a termination.

The local government unit makes the determination of allowing eligible retirees to continue on the Program.

#### C. Eligible Dependents

The term "dependent" includes the following individuals, subject to appropriate documentation (Social Security number, marriage certificate, birth certificate, court decree, etc.):

1. Your spouse (excludes divorced or common law spouse)
2. An unmarried child under age 19, only if the child is:
  - a. Your son or daughter
  - b. A child legally adopted by you (including any probationary period during which the child is required to live with you)
  - c. Your stepchild
  - d. Your grandchild, niece or nephew for whom the court has granted you legal custody (provided the child is not eligible for any other group health insurance benefits).
3. Children ages 19 through 25 who are full-time unmarried students attending an accredited institution. An annual student verification letter from the institution must be filed with the SEIB.
4. An incapacitated dependent will be considered for coverage to any age provided the dependent:

- a. is unmarried,
- b. is permanently mentally or physically disabled or incapacitated,
- c. is so incapacitated as to be incapable of self-sustaining employment,
- d. is dependent upon the subscriber for 50% or more support,
- e. is otherwise eligible for coverage as a dependent except for age, and
- f. the condition must have occurred prior to the dependent's 19<sup>th</sup> birthday (unless already covered by the SEIB as a student, in which case the condition must have occurred prior to the dependent's 26<sup>th</sup> birthday).

Neither a reduction in work capacity nor inability to find employment is, of itself, evidence of eligibility. If a mentally or physically disabled dependent is working, despite his disability, the extent of his earning capacity will be evaluated.

To apply, contact the SEIB to obtain an Incapacitated Dependent Certification Form. Final approval of incapacitation will be determined by Medical Review. Proof of disability must be provided to the SEIB within 60 days from the date the child would otherwise cease to be covered because of age.

Exception: There are two situations under which it may be possible to add an incapacitated dependent who otherwise meets the eligibility requirements except for age:

1. when a new employee requests coverage for an incapacitated dependent within 60 days of employment, or
2. when an employee's incapacitated dependent is covered under a spouse's employer group health insurance for at least 18 consecutive months and:
  - the employee's spouse loses the other coverage because:
    - a. spouse's employer ceases operations, or
    - b. spouse's loss of eligibility due to termination of employment or reduction of hours of employment, or
    - c. spouse's employer stopped contribution to coverage,
  - a change form is submitted to the SEIB within 30 days of the incapacitated dependent's loss of other coverage, and
  - incapacitation status is approved by Medical Review.

The above requirements must be met as a minimum threshold in order to be considered for incapacitation status. The SEIB shall make the final decision as to whether an application for incapacitated status will be accepted.

NOTE: The SEIB reserves the right to periodically re-certify incapacitation.

Exclusion: You may not cover your wife, husband or other dependents if they are insured or if they are eligible to be insured as an active employee in the Local Government Health Insurance Program.

#### D. Initial Employee Enrollment

Eligible employees, elected officers, retirees and dependents who make application on or before the effective date of the Group Contract will be enrolled for coverage as of the effective date of the Group Contract. All eligible employees, elected officials and retirees must either elect or decline coverage.

Eligible retirees must enroll on the date they first become eligible for retiree health benefits. If coverage is declined, enrollment will not be allowed after the retirement date. Retirees who do not elect coverage will not be allowed to enroll at a later date.

The 270-day waiting period for pre-existing conditions shall be waived for employees, elected officers, retirees and dependents enrolled during the initial Group enrollment.

This rule applies to county commissions only: If a county commission chooses to cover elected officials, all county commissioners must enroll in the LGHIP or decline coverage and submit provide proof of other employer group coverage. All other elected officials of the county have the following options:

1. **Enroll in the LGHIP** – Elected officials may enroll in the LGHIP at the time the county commission initially joins the LGHIP or upon election to office. Elected officials will be treated as full-time employees.
2. **Decline coverage in the LGHIP** – Elected officials may decline coverage in the LGHIP at the time the county commission initially joins the LGHIP or upon election to office. If a declination form with proof of other employer group coverage is submitted, the elected official may enroll in the LGHIP at a later date upon loss of other employer group coverage or at open enrollment.
3. **Opt out of the LGHIP** – If the elected official opts not to enroll in the LGHIP at the time the county commission initially joins the LGHIP or upon election to office and does not submit a declination form with proof of other employer group coverage, the elected official may only be offered the option to enroll in the LGHIP upon election to a new term of office.

Elected officials (other than county commissioners) that fail to elect one of the above options will be treated as if they chose option 3.

A one-time open enrollment for elected officials of the county (other than county commissioners) to elect one of the three options will be held in November of 2009 for coverage effective January 1, 2010.

E. Subsequent Enrollment of New Employees

All employees who are hired after the effective date of the Group Contract shall be enrolled in the Program unless evidence of other group insurance is provided. All eligible employees and elected officials must either elect or decline coverage on date of eligibility. The effective date shall be the first day of the second full month following the new employee's date of hire. For example, if a new employee's hire date is in the month of January, the effective date of coverage will be March 1. Retirees must enroll on the date they first become eligible for retiree health benefits.

Local Government units may elect to have coverage effective for all new full-time employees on the date of employment. In order to make this election, the Local Government unit must complete and submit an "Effective Date of Coverage Election" form (Form LG05) to the SEIB during Open Enrollment. Once the election has been submitted and approved by the SEIB, coverage for all future full-time employees shall be effective on the date of employment. A prorated premium will be billed for new employees on the next billing cycle.

Local Government units may elect to choose one of the two options regarding the effective date of coverage for all new employees during Open Enrollment. Once Form LG05 has been accepted by the SEIB, the election will be effective January 1.

A 270-day waiting period for pre-existing conditions shall commence upon the date of hire. (Your waiting period for preexisting medical conditions may be waived or reduced under the Health Insurance Portability and Accountability Act (HIPAA) of 1996. See Section I.)

F. Family Coverage Enrollment

A participating employee, elected officer or retiree in the Program may apply for family coverage at any time after the employees' contract effective date. Coverage will become effective the first day of the next full month following written notification (Form LG02) received in the SEIB office.

Before dependents are added to family coverage, the SEIB must receive appropriate documentation (Social Security number, marriage certificate, birth certificate, court decree, etc.). If documentation is not received with an Enrollment Form or Change Form, the SEIB will send a notice to the employee to submit the documentation within 30 days. If documentation is not received by the SEIB within 60 days, the SEIB has the right to disallow the request to add dependent coverage.

New employees may elect to have dependent coverage begin on the date their coverage begins. Family coverage beginning the same date as the new employee's coverage will be subject to the 270-day waiting period. If dependent coverage is not elected at the time new employees become covered, they may enroll for dependent coverage, **subject to appropriate premium payments and the 270-day waiting period**, within 60 days of acquiring a new dependent, and the effective date of coverage will be the date of marriage,

birth or adoption. However, if the SEIB is notified of a new dependent after the 60-day grace period, the effective date of coverage will be the first day of the next full month following the SEIB's receipt of written notification (Form LG02).

#### G. Open Enrollment

Subsequent to the effective date of the Group's Contract, there shall be an Annual Open Enrollment held in November (for coverage to be effective January 1) of each year to allow active eligible employees not currently participating in the insurance program a chance to enroll.

Eligible participants are permitted to change insurance carriers/plans.

Local government units may elect the effective date of insurance for new hires (hire date or first day of second full month). Submit LG05 Form.

Local government units may add/drop retiree coverage for the unit by written request.

Local government units may add/drop elected official's coverage for the unit by written request.

Employees who have previously declined coverage must submit a completed "Declination of Coverage" form (LG04) with acceptable proof.

If an employee wishes to add family coverage to an existing individual plan during open enrollment, a change form (Form LG02) must be filled out.

A unit may elect to add or drop the dental option during open enrollment. The effective date of that change will be January 1. A revised Participation Sheet is to be sent to the SEIB.

Forms shall be completed in November with an effective date of January 1 and received in the SEIB office by November 30. If an employee does not want to change plans or add/drop family coverage during open enrollment, no paperwork is necessary.

#### H. Special Enrollment Period

Under the Health Insurance Portability and Accountability Act, the LGHIP must offer a special enrollment period in addition to open enrollment for those employees who experience a qualifying event such as loss of their other employer group coverage or the addition of a dependent. However, since the LGHIP already requires that an employee enroll in the plan when they lose other employer group coverage, special enrollment will only apply to the following qualifying events not related to loss of coverage:

- the addition of a new dependent through birth, adoption or marriage or
- a substantial change in their other employer group coverage or
- a substantial change in the cost of their other employer group coverage.

All employees who lose their other employer group coverage, whether voluntarily or involuntarily must submit an enrollment form to the SEIB with coverage effective as of the date coverage is lost.

To be eligible for special enrollment an employee must submit a declination of coverage form with proof of other employer group coverage. Persons requesting special enrollment must notify the SEIB within 30 days of a qualifying event. Notification should include:

- a. letter requesting participation in the special enrollment;
- b. a completed enrollment form;
- c. proof of a qualifying event; and
- d. a Certificate of Creditable Coverage.

I. Health Insurance Portability and Accountability Act (HIPAA)

If you are covered by another plan before becoming covered by SEIB, the time you were covered will be credited toward the 270-day waiting period for preexisting conditions, if:

1. There is no greater than a 63-day break in coverage, and
2. The last coverage was "creditable coverage," i.e., under an individual or group health plan including COBRA, Medicare, Medicaid, U. S. Military, CHAMPUS, Federal Employee Program, Indian Health Service, Peace Corps Service, a state risk pool or a public health service.

In order to waive all or a portion of the waiting period for preexisting conditions, you must submit a Certificate of Creditable Coverage when you enroll.

J. Waiting Period for Preexisting Medical Conditions

Each participant must serve a waiting period of 270 consecutive days before benefits for "preexisting medical conditions" are available. The 270-day waiting period commences on the employee's date of hire. Dependent's 270-day waiting period commences on the dependent's effective date. To be entitled to benefits under the contract, the entire 270-day waiting period must be served before the participant receives services or supplies or is admitted to the hospital for preexisting conditions. NOTE: The 270-day waiting period does not apply to pregnancy, newborns and recently adopted children.

A "preexisting medical condition" is any condition, no matter how caused, for which you received medical advice, diagnosis, care, or for which treatment was recommended or received during the six months before your coverage began.

The waiting period for preexisting medical conditions shall be waived for the following:

1. Employees, elected officers, retirees and dependents who enroll during the initial groups enrollment (hence, the group and employee's effective date are the same),
2. Certificate of Creditable Coverage verifying coverage without a 63-day break in service. This certificate must be obtained by the subscriber from the previous carrier. All or a portion of the 270-day waiting period may be waived.

K. When Coverage Commences

Coverage commences as of the effective date of the employee's insurance contract.

L. Cancellation of Family Coverage

An employee may drop family coverage at any time. The earliest effective date of cancellation will be the first day of the month following receipt of written notification (Form LG02) by the SEIB office. The SEIB may require proof of divorce (divorce decree) when dropping former spouse.

M. Transfers

Only new employees meeting the following criteria will be considered as transfers under the LGHIP:

1. New hire, previously covered by LGHIP or by the State Employees' Health Insurance Plan (SEHIP), and
2. New hire, terminated employment with another local government unit covered by LGHIP, or State employee covered by SEHIP who became employed with a local government unit during the same calendar month of termination.

The local government unit hiring the new employee who is eligible to be treated as a transfer will be invoiced for the first month following the date of hire. Units electing coverage effective on the date of hire will be invoiced from that date.

N. Notice

Notice of any enrollment changes is the responsibility of the employee (for example: addition or deletion of dependents, address changes, etc.)

O. Military Leave

The Military Leave Policy of the Local Government Health Insurance Program (LGHIP) is in compliance with the Uniformed Services Employment and Reemployment Rights Act (USERRA), 38 USC-4317. Under the USERRA, an employee on qualified military leave has the right to elect continued health insurance coverage for himself or herself, and his or her dependents, during periods of military service.

The application of the LGHIP's Military Leave Policy depends upon whether the local government unit voluntarily complies with Alabama Act number 2002-430 (effective July 1, 2002):

1. If a local government unit elects to voluntarily comply with Alabama Act number 2002-430 for its employees on military leave, then individual and dependent insurance coverage must be offered for as long as the local government unit compensates the employee on military

leave. The local government unit can charge the employee only the normal employee's share of the health insurance premium, not the employer's share.

2. If a local government unit elects not to voluntarily comply with this law, then the LGHIP's Military Leave Policy will apply. Under LGHIP's Military Leave Policy, the individual premium for persons on military leave depends upon the length of service involved. For periods up to 30 days of training or service, the local government unit can charge the employee only the normal employee's share of the health insurance premium, not the employer's share. For periods of service longer than 30 days, the employee must be offered COBRA continuation coverage for 24 months. After receipt by the SEIB of appropriate military documentation, a COBRA election form will be sent to the employee.

When an employee on military leave status with family coverage has his or her coverage terminated, the local government must offer the dependents one of the following two options:

1. Offer COBRA Continuation Coverage. The COBRA coverage period for dependents is limited to 36 months. The COBRA coverage period for dependents will terminate prior to 36 months if:
  - a. an employee's military leave period ends within 36 months and
  - b. the employee returns to work within 63 days of the end of military leave; or
2. Offer Regular Dependent Coverage. Families will be allowed to continue their health insurance coverage as if the employee on military leave was still an active employee. This dependent coverage period is limited to 24 months or the expiration of the employee's military leave, whichever is shorter. The premium for this dependent coverage will continue to be included on the unit invoice, minus the employee share of the premium. The local government unit will be responsible for collection and payment of the premium.

If an employee's military leave period is longer than 24 months, the coverage for dependents will be converted to COBRA coverage in the 25<sup>th</sup> month. The COBRA coverage will be offered for an additional 12 months and billed accordingly.

If an employee on military leave does not return to work at the end of the military leave period and the military leave period was less than 24 months, the coverage for dependents will be converted to COBRA coverage and extended for a period not to exceed 36 months in total.

Each local government unit will decide which option will be offered to the families of employees on military leave. Once a decision has been made, the local government unit must treat all military leave dependents uniformly.

If an employee returns to work less than 63 days after the expiration of military leave, the employee (and the dependents covered at the time of the military leave) must be added to coverage without a waiting period for preexisting medical conditions.

P. Declination of Coverage

Employees may decline coverage at any time. The earliest effective date of cancellation will be the first day of the month following receipt of **both the Declination of Coverage and acceptable proof of group coverage with another employer**. Acceptable proof is a Certificate of Creditable Coverage or letter from employer/insurance carrier verifying current coverage.

Q. Premium Payments

The SEIB bills in advance for the following month's coverage. To be eligible for coverage members must comply with the LGHIP's enrollment and eligibility rules. Acceptance of premium payment does not guarantee coverage.

## VI. RETIREMENT

A. Continuation of Coverage

Eligible retirees who continue on the insurance will remain on the local government unit's billing and it will be the responsibility of the local government unit to collect the appropriate premiums. A change form (LG02) should be sent to the SEIB, indicating a rate change from active to retired status and the effective date of the retirement.

If Medicare retirees are allowed to continue coverage, submit a Change Form and a copy of the retiree's Medicare card, indicating a rate change from "Not Medicare" to "Medicare." If a retiree's only dependent is eligible for Medicare, submit a Change Form and a copy of the dependent's Medicare card, indicating a rate change from "Not Medicare" to "Medicare."

B. Termination of Coverage

An active employee, who retires from a local government unit that does not allow retirees to continue on the coverage, will be offered COBRA upon written notification of retirement from the local government unit. (See "Termination of Services".)

An active employee who retires from a local government unit that allows retirees to continue coverage has the option of electing retiree coverage or COBRA. If COBRA coverage is elected, the retiree will forfeit his or her right to elect retiree coverage at a later date. If a retiree wants COBRA, it should be indicated on the Cancellation Form prior to the retirement date. SEIB needs to receive the Cancellation Form prior to the retirement date.

A retired employee whose local government unit does not allow Medicare retirees to continue on the health insurance must submit a Cancellation Form, indicating the retiree's Medicare eligibility date. A copy of the Medicare card may be required.

C. Supernumeraries

Supernumeraries will be classified for insurance purposes as retired employees.

## D. Provision for Medicare

### 1. Active Employees

The SEIB provides active employees over age 65, coverage under the Local Government Health Insurance Plan, under the same conditions as any employee under age 65. Medicare is secondary to benefits payable under the LGHIP for employees over age 65 and their spouses over age 65. If the service is also covered by Medicare, the claim can be submitted to Medicare which may pay all or a portion of the unpaid balance of the claim subject to Medicare limitations.

SEIB will not provide an active employee or his/her spouse with benefits that supplement Medicare. The employee has the right to elect coverage under the LGHIP on the same basis as any other employee.

The plan will be the primary payer for both items and services covered by Medicare. (Note that Medicare covers hospitalization, post-hospital nursing home care, home health services.) This means that the plan will pay the covered claims and those of the employee's Medicare entitled spouse first, up to the limits contained in the plan, and

Medicare may pay all or a portion of the unpaid balance of the claims, if any, subject to Medicare limitations. If the employee's spouse is not entitled to Medicare, the plan will be the sole source of payment of the spouse's claims.

Since the LGHIP also covers items and services not covered by Medicare, the plan will be the sole source of payment of medical claims for these services.

### 2. Retired Employees

Health benefits will be modified when you or your dependent becomes entitled to Medicare. Coverage under the plan will be reduced by those benefits payable under Medicare Parts A and B. If a retiree or dependent becomes entitled to Medicare because of a disability before age 65, the retiree must notify the SEIB to be eligible for the reduced premiums. A copy of the retiree's or their dependent's Medicare card and a Change Form that indicates the rate change must be submitted if the unit covers Medicare retirees.

The LGHIP remains primary for retirees until the retiree is entitled/eligible to Medicare. Upon Medicare entitlement, the retiree's coverage under the LGHIP will complement his/her Medicare Parts A and B coverages. Medicare will be the primary payer and the LGHIP will be the secondary payer. A Medicare retiree and/or spouse should have both Medicare Parts A and B to have adequate coverage with the LGHIP.

Medicare Part B premiums are the retiree's responsibility. These premiums are deducted from the retiree's Social Security check.

Medicare now offers Medicare Part D prescription drug coverage. Retirees have the option of keeping the LGHIP prescription drug coverage and not enrolling in the Medicare Part D prescription drug coverage. If a retiree elects to enroll in Medicare Part D he/she cannot

continue to have LGHIP prescription drug coverage. Please notify the SEIB immediately if a retiree elects to enroll for Medicare Part D prescription drug coverage.

## **VII. TERMINATION OF SERVICE**

### **A. When Coverage Terminates**

The member's coverage will terminate:

1. On the last day of the month in which the member's employment terminates.
2. When this plan is discontinued.
3. When premium payments cease.
4. In addition to the above, the coverage terminates for a dependent:
  - a. on the last day of the month in which such person ceases to be an eligible dependent, or
  - b. if the dependent becomes eligible to be insured as an employee in the Program.

In many cases you will have the option to choose continuation of group benefits as provided by the Public Health Service Act. (See COBRA Section.)

### **B. Family and Medical Leave Act**

The State Employees' Insurance Board will adhere to the provisions of the Family and Medical Leave Act.

### **C. Leave without Pay (LWOP)**

Employees on leave without pay may continue their health insurance coverage for a maximum of 12 months. The employee will remain on the Local Government unit's billing. If the unit requires the employee to make the premium payment and the employee elects not to pay or they are canceled for nonpayment of premiums, the unit is to send in a Cancellation Form to the SEIB office indicating the reason for cancellation. When the Cancellation Form is received, the SEIB office will send a COBRA notice to the employee. Once an employee has been on leave without pay for 12 months, the Local Government unit is to notify the SEIB. The employee will be offered COBRA at that time.

If the employee returns to work and had elected not to continue their coverage while on leave without pay, the employee will be treated as a new hire. If the employee returns to work and had elected to continue coverage under COBRA, the employee will be treated as a transfer.

## D. Continuation of Group Health Coverage (COBRA)

All COBRA applications and information concerning COBRA is handled through the SEIB office. See "Election Period."

NEW UNITS ONLY: All current COBRA subscribers should be marked in red as "COBRA." List them separately on the employee departmental listing. Include their name, social security number, address, qualifying event, and the date COBRA coverage originally began. Do not fill out an enrollment form on the COBRA subscribers. We will send them a letter and a COBRA application when we receive your listing.

The Public Health Service Act [42 USL Sections 300bb-1 through 300bb-8] requires that the SEIB offer employees and their families the opportunity for a temporary extension of health coverage (called "continuation coverage") at group rates in certain instances where coverage under the plan would otherwise end. COBRA coverage can be particularly important for several reasons:

- First, it will allow employees to continue group health care coverage beyond the point at which they would ordinarily lose it.
- Second, it can prevent employees from incurring a break in coverage (persons with 63-day breaks in creditable coverage may be required to satisfy preexisting condition exclusion periods if they obtain health coverage elsewhere).
- Third, it could allow employees to qualify for coverage under the Alabama Health Insurance Program (AHIP) after their COBRA coverage ends. For more information about AHIP, call the SEIB at 1.866.833.3375.

This information is intended to inform employers, in a summary fashion, of their employee's rights and obligations under the continuation coverage provisions of the law. **You should take the time to read this carefully to ensure that your employees are aware of their COBRA rights.**

### 1. Qualified Beneficiaries

COBRA continuation coverage is a continuation of coverage under the Local Government Health Insurance Program (LGHIP) when coverage would otherwise end because of a life event known as a "qualifying event." Specific qualifying events are listed below. After a qualifying event, COBRA continuation coverage must be offered to each person who is a qualified beneficiary. Employees, their spouses and dependent children could become qualified beneficiaries if coverage under the LGHIP is lost because of a qualifying event. Under the LGHIP, qualified beneficiaries who elect COBRA continuation coverage must pay for such coverage

Individuals entitled to COBRA continuation coverage are called qualified beneficiaries. Individuals who may be qualified beneficiaries are the spouse and dependent children of a covered employee and, in certain circumstances, the covered employee. Under current law,

in order to be a qualified beneficiary, an individual must generally be covered under the LGHIP on the day before the event that caused a loss of coverage such as termination of employment, or a divorce from, or death of, the covered employee. (An increase in the cost of retiree coverage relative to active employee coverage is also considered a loss of coverage for COBRA purposes.) In addition, a child born to the covered employee, or who is placed for adoption with the covered employee, during the period of COBRA continuation coverage, is also a qualified beneficiary.

An employee will become a qualified beneficiary if he or she loses coverage under the LGHIP because either one of the following qualifying events happens:

- hours of employment are reduced, or
- employment ends for any reason other than gross misconduct.

A spouse of an employee will become a qualified beneficiary if he or she loses coverage under the LGHIP because either one of the following qualifying events happens:

- spouse dies;
- spouse's hours of employment are reduced;
- spouse's employment ends for any reason other than gross misconduct;
- spouse becomes entitled to Medicare benefits (under Part A, Part B or both); or
- spouse becomes divorced or legally separated from employee.

Dependent children will become qualified beneficiaries if they lose coverage under the LGHIP because any of the following qualifying events happens:

- the parent-employee dies;
- the parent-employee's hours of employment are reduced;
- the parent-employee's employment ends for any reason other than gross misconduct;
- the parent-employee becomes entitled to Medicare benefits (under Part A, Part B or both);
- the parents become divorced or legally separated; or
- the child stops being eligible for coverage under the LGHIP as a "dependent child."

## 2. Coverage Available

If a qualified beneficiary chooses continuation coverage, the SEIB is required to offer coverage which, as of the time coverage is being provided, is identical to the coverage provided under the plan to similarly situated employees or family members.

## 3. When the Employer Should Notify the SEIB

COBRA continuation coverage will be offered to qualified beneficiaries only after the SEIB has been notified that a qualifying event has occurred. The employer is responsible for notifying the SEIB of the following qualifying events:

- end of employment,

- reduction of hours of employment or
- death of an employee.

Employer must submit written notice to the SEIB within 30 days of the date of the event or the date in which coverage would end under the LGHIP because of the event, whichever is later. All notices should be sent to the address listed under “SEIB Contact Information” at the end of this section.

#### 4. When Employee Should Notify the SEIB

The employee or a family member has the responsibility to inform the SEIB of the following qualifying events:

- divorce,
- legal separation, or
- a child losing dependent status.

Written notice must be given to the SEIB within 60 days of the date of the event or the date in which coverage would end under the LGHIP because of the event, whichever is later. All notices should be sent to the address listed under “SEIB Contact Information” at the end of this section.

#### 5. Election Period

When the SEIB is notified that a qualifying event has happened, COBRA continuation coverage will be offered to each qualified beneficiary. Each qualified beneficiary will have an independent right to elect COBRA continuation coverage. In addition, a covered employee may elect COBRA continuation coverage on behalf of his or her spouse and either covered parent may elect COBRA continuation coverage on behalf of their children.

A qualified beneficiary has 60 days from the date coverage is lost because of a qualifying event, or the date notice of COBRA election rights is sent to the qualified beneficiary, whichever is later, to inform the SEIB that COBRA continuation coverage has been elected.

If a qualified beneficiary does not choose continuation coverage, his or her group health insurance will end.

#### 6. Length of Coverage

COBRA continuation coverage is a temporary continuation of coverage. COBRA continuation coverage will last for up to a total of 36 months when one of the following qualifying events occurs:

- death of the employee,
- divorce or legal separation, or
- dependent child loses eligibility as a “dependent child” under LGHIP.

COBRA continuation coverage will last for up to a total of 18 months when one of the following qualifying events occurs:

- end of employment or
- a reduction in the hours of employment.

There are only two ways to extend the 18-month COBRA continuation coverage period:

- Disability - if a covered employee or former employee is determined by the Social Security Administration to be disabled and the SEIB is notified within 30 days of the determination, the covered employee or former employee and his or her entire family may be entitled to receive up to an additional 11 months of COBRA continuation coverage. The disability would have to have started before the 60<sup>th</sup> day of COBRA continuation coverage and must last at least until the end of the 18-month period of continuation coverage. (A copy of the Social Security Administration determination must be provided to the SEIB at the address listed under "SEIB Contact Information" at the end of this section.)
- Second Qualifying Event - if an employee's or former employee's family experiences another qualifying event while receiving 18 months of COBRA continuation coverage, the spouse and dependent children may be eligible to get up to 18 additional months of COBRA continuation coverage. The SEIB must be notified within 30 days of the second qualifying event. This extension may be available to the employee's or former employee's spouse and any dependent children receiving COBRA continuation coverage when one of the following qualifying events occurs:
  - employee or former employee dies,
  - employee or former employee becomes entitled to Medicare benefits (under Part A, Part B or both),
  - employee or former employee gets divorced or legally separated or
  - dependent child loses eligibility as a "dependent child" under LGHIP.

For the extension to apply, the above listed events must have caused the spouse or dependent child to lose coverage under the LGHIP had the first qualifying event not occurred.

## 7. FMLA

If an employee is on a leave of absence covered by the Family and Medical Leave Act of 1993 (FMLA) and the employee does not return to work, the employee will be given the opportunity to elect COBRA continuation coverage. The period of the COBRA continuation coverage will begin when the employee failed to return to work following the expiration of FMLA leave or the employee informs the employer that he or she does not intend to return to work, whichever occurs first.

## 8. Premium Payment

If the employee or former employee qualifies for continuation coverage, he or she will be required to pay the group's premium plus 2% administrative fee directly to the State Employees' Insurance Board (SEIB). Members who are disabled under Title II or Title XVI of the Social Security Act, will be required to pay 150% of the group's premium for the 19th

through the 29th month of coverage or the month that begins more than 30 days after the date is determined that the employee or former employee is no longer disabled under Title II or Title XVI of the Social Security Act, whichever comes first. Coverage will be canceled if payment is not received by the SEIB in a timely manner.

The initial premium payment must be received by the SEIB within forty-five (45) days from the date of election. All subsequent premiums are due on the first day of the month of coverage. There is a thirty (30) day grace period.

#### 9. Termination of Continuation Coverage

The law provides that COBRA continuation coverage may be terminated for any of the following five reasons:

- a. SEIB no longer provides group health coverage;
- b. the premium is not paid on time;
- c. qualified beneficiary becomes covered by another group plan, unless the plan contains any exclusions or limitations with respect to any preexisting condition a qualified beneficiary may have;
- d. qualified beneficiary become entitled to Medicare;
- e. coverage has been extended for up to 29 months due to disability and there has been a final determination that the disability no longer exists.

Qualified beneficiaries do not have to show that they are insurable to choose continuation coverage. However, under the law, qualified beneficiaries may have to pay all or part of the premium for continuation coverage. There is a grace period of 30 days for payment of the regularly scheduled premium.

**Note:** If a COBRA subscriber/dependent becomes entitled to Medicare before becoming a qualified beneficiary, they may elect COBRA continuation coverage; however, their Medicare coverage will be primary and the COBRA continuation coverage will be secondary. Qualified beneficiaries **must** have Medicare Parts A and B in order to have full coverage.

#### 10. Keep the SEIB Informed of Address Changes

In order for employees to protect their COBRA rights, they should keep the SEIB informed of any changes in the address of family members. Employees should maintain copies of all notices sent to the SEIB.

#### 11. If an Employee Has Any Questions

Questions concerning COBRA continuation coverage rights may be addressed by calling the SEIB at 1.866. 836.9137 or 334.263.8326 or by mail at the contact listed below. For more information about COBRA rights, the Health Insurance Portability and Accountability Act

(HIPAA) and other laws affecting group health plans, employees may contact the nearest Regional or District Office of the U.S. Department of Labor's Employee Benefits Security Administration (EBSA) or visit the EBSA website at [www.dol.gov/ebsa](http://www.dol.gov/ebsa).

## 12. SEIB Contact Information

All notices and requests for information should be sent to the following address:

State Employees' Insurance Board  
LGHIP COBRA Section  
201 South Union Street, Suite 200  
Post Office Box 304900  
Montgomery, AL 36130-4900

## E. Group Termination

A group may terminate coverage with the Local Government Health Insurance Program subject to the following conditions:

1. The employer, by resolution of the governing body, shall signify its intention and desire to withdraw from such plan in writing and by delivering a copy of such resolution by certified mail to the State Employees' Insurance Board, Post Office Box 304900, Montgomery, AL 36130-4900 no later than six months prior to the effective date of withdrawal.
2. Any employer that withdraws from participation shall be responsible for paying its claims incurred prior to the date of withdrawal, but not reported and paid prior to the date of withdrawal.
3. Any group that withdraws from participation shall serve a three-year waiting period from the effective date of the group's termination before such group (in good standing) may apply for re-enrollment into the Program.
4. Any organization that provides or administers health insurance benefits through the Local Government Health Insurance Program shall not provide or administer health insurance benefits to any entity that withdraws from the Local Government Health Insurance Program for a period of two years from the effective date of withdrawal.

## **VIII. BILLING PROCEDURES**

### A. Payment Notice

The SEIB will generate an Invoice (see APPENDIX) and Listing of Employees Insured (see APPENDIX) for each local government unit. The Listing of Employees Insured information will be pulled from the unit's enrollment information. The Invoice is a summary of the total single and family subscribers insured, a tabulation of the previous balance owed, the current month's amount and the total balance due.

Upon receiving the Invoice, the unit is expected to return this notice with full payment of the total balance due. You should not make any corrections or adjustments to this balance. All corrections and adjustments will be included in the payment notice for the upcoming month. The unit may keep the Listing of Employees Insured for their records.

B. Invoice Changes

Additions, cancellations and changes in the current billing period and the upcoming months will be made from the proper forms (FORMS LG01, LG02, LG03, LG04, LG07, LG08, or LG09). These forms are to be sent separately. Upon receipt of the proper paperwork, credits/debits and COBRA information will be processed.

C. Premium Credits

There is a three-month (three billing cycles) time limit for premium credits. These credits will be issued for eligible participants **provided no claims have been filed.**

D. Automatic Draft Payment

Units may pay monthly premiums by automatic bank draft. The monthly invoice will indicate the amount withdrawn from the local government bank account on or after the first day of the following month. For example, a bill issued October 18, 2009 would include a notice that the new balance will be drafted from the unit's designated account on November 1. This service is offered at no charge to the local government unit.

Automatic drafts may be cancelled at any time. However, draft cancellations must be made at least five business days prior to the last business day of the month.

E. E-check Service

Payment by E-check is also available to pay monthly premiums. Please call the SEIB Accounting Department at 1.866.836.9737, extension 1561 to make E-check payments.

## IX. FORMS

A. Enrollments

To enroll in the Program, a Local Government Enrollment Form (Form LG01 - See Appendix) *must be completed and signed by the employee/retiree.*

B. Changes

To add/drop family coverage to an existing contract, a Local Government Change Form (Form LG02 - See Appendix) *must be completed and signed by the employee/retiree.*

To make changes to the existing plan (name changes, address changes, rate changes, etc.), a change form must be completed and signed by the employee/retiree.

C. Cancellations

To cancel all coverage, a Local Government Cancellation Form (Form LG03 - See Appendix) must be completed and submitted to the SEIB office.

D. Declination of Coverage

To decline or cancel coverage, a Local Government Declination of Coverage Form (Form LG04 - See Appendix) must be completed, signed by the employee and submitted to the SEIB office.

E. Pre-Authorized Payment Service Authorization Agreement

To enroll in the automatic bank draft program, a Pre-Authorized Payment Service Authorization Agreement must be completed and signed.

F. Effective Date of Coverage Election Form

To elect to have coverage for all future eligible full-time employees to be effective on date of employment.

**NOTE: All forms must be verified and signed by the designated payroll/personnel officer.**

**X. APPENDIX**













# GENERAL INFORMATION

## ELIGIBLE DEPENDENTS

The term "dependent" includes the following individuals, subject to appropriate documentation (Social Security number, marriage certificate, birth certificate, court decree, etc.) **(Appropriate documentation must be attached.)**

1. Your spouse (excludes divorced or common law spouse)
2. An unmarried child under age 19, only if the child is:
  - a. your son or daughter
  - b. a child legally adopted by you (including any probationary period during which the child is required to live with you)
  - c. your stepchild
  - d. your grandchild, niece or nephew for whom the court has granted you legal custody (provided the child is not eligible for any other group health insurance benefits).
3. Children ages 19 through 25 who are full-time unmarried students attending an accredited institution. An annual student verification letter from the institution must be filed with the SEIB.
4. An incapacitated dependent will be considered for coverage to any age provided the dependent:
  - a. is unmarried,
  - b. is permanently mentally or physically disabled or incapacitated,
  - c. is so incapacitated as to be incapable of self-sustaining employment,
  - d. is dependent upon the subscriber for 50% or more support,
  - e. is otherwise eligible for coverage as a dependent except for age, and
  - f. the condition must have occurred prior to the dependent's 19<sup>th</sup> birthday (unless already covered by the SEIB as a student, in which case the condition must have occurred prior to the dependent's 26<sup>th</sup> birthday).

Neither a reduction in work capacity nor inability to find employment is, of itself, evidence of eligibility. If a mentally or physically disabled dependent is working, despite his disability, the extent of his earning capacity will be evaluated.

To apply, contact the SEIB to obtain an Incapacitated Dependent Certification Form. Final approval of incapacitation will be determined by Medical Review. Proof of disability must be provided to the SEIB within 60 days from the date the child would otherwise cease to be covered because of age.

**Exception: There are two situations under which it may be possible to add an incapacitated dependent who otherwise meets the eligibility requirements except for age:**

1. when a new employee requests coverage for an incapacitated dependent within 60 days of employment or
2. when an employee's incapacitated dependent is covered under a spouse's employer group health insurance for at least 18 consecutive months and:
  - a. the employee's spouse loses the other coverage because:
    - i. spouse's employer ceases operations, or
    - ii. spouse's loss of eligibility due to termination of employment or reduction of hours of employment, or
    - iii. spouse's employer stopped contribution to coverage,
  - b. a change form is submitted to the SEIB within 30 days of the incapacitated dependent's loss of other coverage, and
  - c. incapacitation status is approved by Medical Review.

The above requirements must be met as a minimum threshold in order to be considered for incapacitation status. The SEIB shall make the final decision as to whether an application for incapacitated status will be accepted.

NOTE: The SEIB reserves the right to periodically re-certify incapacitation.

Exclusion: You may not cover your wife, husband or other dependents if they are insured or if they are eligible to be insured as an active employee in the Local Government Health Insurance Program.

## WAITING PERIODS

The Health Insurance Portability and Accountability Act (HIPAA) provides that if you are covered by another plan before becoming covered by the SEIB, the time you were covered will be credited toward the 270-day waiting period for pre-existing conditions, if:

1. There is no greater than a 63-day break in coverage, and
2. The last coverage was "creditable coverage," i.e., under an individual or group health plan including COBRA, Medicare, Medicaid, U.S. Military, CHAMPUS, Federal Employee Program, Indian Health Service, Peace Corps Service, a state risk pool or a public health service.

**In order to waive all or a portion of the waiting period for pre-existing conditions, you must submit a Certificate of Creditable Coverage when you enroll.**

**STATE EMPLOYEES' INSURANCE BOARD  
POST OFFICE BOX 304900  
MONTGOMERY, ALABAMA 36130-4900  
334-263-8326 / 1-866-836-9137 / FAX: 334-263-8526**

## 2010 CHANGE FORM LOCAL GOVERNMENT HEALTH INSURANCE PROGRAM

### SUBSCRIBER INFORMATION

Name (First, Middle Initial, Last)		Sex	Date of Birth
Social Security Number	Contract Number	Home Telephone Number ( )	Work Telephone Number ( ) Ext.

CHANGE:  MAILING ADDRESS To: \_\_\_\_\_  
 NAME From: \_\_\_\_\_ To: \_\_\_\_\_  
 E-MAIL ADDRESS To: \_\_\_\_\_

RATE: <input type="checkbox"/> Retired Subscriber (Not Medicare Participant) <input type="checkbox"/> No Dependent <input type="checkbox"/> Dependent Medicare <input type="checkbox"/> Dependent not Medicare	RATE: <input type="checkbox"/> Retired Subscriber (Medicare Participant) <input type="checkbox"/> No Dependent <input type="checkbox"/> Dependent Medicare <input type="checkbox"/> Dependent not Medicare
--	--

**Note:** If in your rate above you selected:  **Retired Subscriber (Medicare Participant)** or  **Dependent Medicare**, you must provide a copy of your Red, White, and Blue Medicare Card.

DROP DEPENDENT COVERAGE  <input type="checkbox"/> Change from Family to Single Coverage <input type="checkbox"/> Cancel dependent(s) listed below from Family Coverage	ADDITIONS – PROVIDE DOCUMENTATION – (270-day Waiting Period for pre-existing conditions. Attach a Certificate of Creditable Coverage to waive all or a portion of the waiting period for pre-existing conditions.) ** Please read important information on the back.  <input type="checkbox"/> Change from Single to Family Coverage. Add dependent(s)** <input type="checkbox"/> Add dependent(s) listed below to Family Coverage **
---	--

REASON FOR CANCEL      MONTH/DAY/YEAR <input type="checkbox"/> Death _____ <input type="checkbox"/> Divorce _____ <input type="checkbox"/> Dependent no longer eligible _____ Explain: _____ <input type="checkbox"/> Other: _____ Explain: _____	REASON FOR ADDITION      MONTH/DAY/YEAR <input type="checkbox"/> Marriage, date of marriage _____ <input type="checkbox"/> Birth or Adoption of Child _____ <input type="checkbox"/> Other _____ Explain: _____
---	---

First Name	Initial	Last Name	Documentation is required. See back of form. Relationship to Employee	Date of Birth	Social Security Number
			<input type="checkbox"/> Husband <input type="checkbox"/> Wife		
			<input type="checkbox"/> Son <input type="checkbox"/> Daughter <input type="checkbox"/> Stepson <input type="checkbox"/> Stepdaughter		
			<input type="checkbox"/> Son <input type="checkbox"/> Daughter <input type="checkbox"/> Stepson <input type="checkbox"/> Stepdaughter		
			<input type="checkbox"/> Son <input type="checkbox"/> Daughter <input type="checkbox"/> Stepson <input type="checkbox"/> Stepdaughter		
			<input type="checkbox"/> Grandson <input type="checkbox"/> Granddaughter <input type="checkbox"/> Nephew <input type="checkbox"/> Niece		
			<input type="checkbox"/> Grandson <input type="checkbox"/> Granddaughter <input type="checkbox"/> Nephew <input type="checkbox"/> Niece		

For additional dependents, please list the information on a separate sheet and attach to this form.

<p style="text-align: center;"><b>TO BE COMPLETED BY EMPLOYER</b></p> Effective Date of Change: _____/_____/_____  _____ <p style="text-align: center;">Local Government Unit Name</p> _____ <p style="text-align: center;">Account Number</p> _____  _____ <p style="text-align: center;">Signature of Insurance Clerk      Date</p>	<p style="text-align: center;"><b>AFFIRMATION AND RELEASE</b></p> I hereby affirm that I have completely read and fully understand the terms and conditions of this form. I attest that all the representations made by me on this form are true and correct. I understand that any misrepresentation may result in the forfeiture of insurance coverage and that I will be personally liable for all claims related to such misrepresentation. I further understand that there is mandatory utilization review and I do hereby give permission to release any information necessary to evaluate, administer, and process claims for benefits to any person, entity, or representative acting on the SEIB's behalf.  _____ <p style="text-align: center;">Employee Signature      Date</p>
--	---

\* A "pre-existing medical condition" is any condition, no matter how caused, for which you received medical advice, diagnosis, care or for which treatment was recommended or received during the six months before your coverage began.

# GENERAL INFORMATION

## ELIGIBLE DEPENDENTS

The term "dependent" includes the following individuals, subject to appropriate documentation (Social Security number, marriage certificate, birth certificate, court decree, etc.) **(Appropriate documentation must be attached.)**

1. Your spouse (excludes divorced or common law spouse)
2. An unmarried child under age 19, only if the child is:
  - a. your son or daughter
  - b. a child legally adopted by you (including any probationary period during which the child is required to live with you)
  - c. your stepchild
  - d. your grandchild, niece or nephew for whom the court has granted you legal custody (provided the child is not eligible for any other group health insurance benefits).
3. Children ages 19 through 25 who are full-time unmarried students attending an accredited institution. An annual student verification letter from the institution must be filed with the SEIB.
4. An incapacitated dependent will be considered for coverage to any age provided the dependent:
  - a. is unmarried,
  - b. is permanently mentally or physically disabled or incapacitated,
  - c. is so incapacitated as to be incapable of self-sustaining employment,
  - d. is dependent upon the subscriber for 50% or more support,
  - e. is otherwise eligible for coverage as a dependent except for age, and
  - f. the condition must have occurred prior to the dependent's 19<sup>th</sup> birthday (unless already covered by the SEIB as a student, in which case the condition must have occurred prior to the dependent's 26<sup>th</sup> birthday).

Neither a reduction in work capacity nor inability to find employment is, of itself, evidence of eligibility. If a mentally or physically disabled dependent is working, despite his disability, the extent of his earning capacity will be evaluated.

To apply, contact the SEIB to obtain an Incapacitated Dependent Certification Form. Final approval of incapacitation will be determined by Medical Review. Proof of disability must be provided to the SEIB within 60 days from the date the child would otherwise cease to be covered because of age.

**Exception: There are two situations under which it may be possible to add an incapacitated dependent who otherwise meets the eligibility requirements except for age:**

1. when a new employee requests coverage for an incapacitated dependent within 60 days of employment or
2. when an employee's incapacitated dependent is covered under a spouse's employer group health insurance for at least 18 consecutive months and:
  - a. the employee's spouse loses the other coverage because:
    - i. spouse's employer ceases operations, or
    - ii. spouse's loss of eligibility due to termination of employment or reduction of hours of employment, or
    - iii. spouse's employer stopped contribution to coverage,
  - b. a change form is submitted to the SEIB within 30 days of the incapacitated dependent's loss of other coverage, and
  - c. incapacitation status is approved by Medical Review.

The above requirements must be met as a minimum threshold in order to be considered for incapacitation status. The SEIB shall make the final decision as to whether an application for incapacitated status will be accepted.

NOTE: The SEIB reserves the right to periodically re-certify incapacitation.

Exclusion: You may not cover your wife, husband or other dependents if they are insured or if they are eligible to be insured as an active employee in the Local Government Health Insurance Program.

## WAITING PERIODS

The Health Insurance Portability and Accountability Act (HIPAA) provides that if you are covered by another plan before becoming covered by the SEIB, the time you were covered will be credited toward the 270-day waiting period for pre-existing conditions, if:

1. There is no greater than a 63-day break in coverage, and
2. The last coverage was "creditable coverage," i.e., under an individual or group health plan including COBRA, Medicare, Medicaid, U.S. Military, CHAMPUS, Federal Employee Program, Indian Health Service, Peace Corps Service, a state risk pool or a public health service.

**In order to waive all or a portion of the waiting period for pre-existing conditions, you must submit a Certificate of Creditable Coverage when you enroll.**

**STATE EMPLOYEES' INSURANCE BOARD  
POST OFFICE BOX 304900  
MONTGOMERY, ALABAMA 36130-4900  
334-263-8326 / 1-866-836-9137 / FAX: 334-263-8526**

## 2010 CANCELLATION FORM LOCAL GOVERNMENT HEALTH INSURANCE PROGRAM

### SUBSCRIBER INFORMATION

Name (First, Middle Initial, Last)	Sex	Date of Birth
Social Security Number	Contract Number	

### CANCEL ALL INSURANCE COVERAGE FOR THE FOLLOWING REASONS:

\_\_\_\_\_ Voluntary Termination ( \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ )  
Last Day in Pay Status

\_\_\_\_\_ Involuntary Termination ( \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ )  
Last Day in Pay Status

\_\_\_\_\_ Retirement Date ( \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ )

\_\_\_\_\_ Military Leave Date ( \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ ) Attach military papers.

\_\_\_\_\_ Other Date ( \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ ) Give explanation: \_\_\_\_\_

\_\_\_\_\_ Declination of Coverage. You MUST complete a "Declination of Coverage" form.

<p style="text-align: center;"><b>TO BE COMPLETED BY EMPLOYER</b></p> <p>Effective Date of Cancellation: _____ / _____ / _____</p> <hr/> <p style="text-align: center;">Local Government Unit Name</p> <hr/> <p style="text-align: center;">Account Number</p> <hr/> <p>Signature of Insurance Clerk _____ Date _____</p>	<p style="text-align: center;"><b>AFFIRMATION AND RELEASE</b></p> <p>I hereby affirm that I have completely read and fully understand the terms and conditions of this form. I attest that all the representations made by me on this form are true and correct. I understand that any misrepresentation may result in the forfeiture of insurance coverage and that I will be personally liable for all claims related to such misrepresentation. I further understand that there is mandatory utilization review and I do hereby give permission to release any information necessary to evaluate, administer, and process claims for benefits to any person, entity or representative acting on the SEIB's behalf.</p> <hr/> <p>Employee Signature _____ Date _____</p>
---	--

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334.263.8326 / 1.866.836.9137 / FAX: 334.263.8526**



## 2010 DECLINATION OF COVERAGE FORM LOCAL GOVERNMENT HEALTH INSURANCE PROGRAM

Name (First, Middle Initial, Last)		Sex	Date of Birth	
Social Security Number	Contract Number	Home Telephone Number ( )		Work Telephone Number ( ) Ext.
Mailing Address		City	State	Zip Code

I, \_\_\_\_\_, wish to decline coverage in the Local Government Health  
*(name of local government employee)*

Insurance Program. I affirm that I currently have other group health insurance coverage\* through \_\_\_\_\_.  
*(name of employer/company)*

My other insurance carrier is:

NAME OF INSURANCE COMPANY:		
ADDRESS:		
CITY:	STATE:	ZIP CODE:
TELEPHONE NUMBER:		

**\* You must attach a certificate of creditable coverage or letter from employer/insurance carrier verifying coverage with the above named carrier. A copy of your insurance card IS NOT acceptable as proof of coverage.**

Employee Status:     Full-time Employee         Elected Official

**NOTICE:**

Under the Health Insurance Portability and Accountability Act, the LGHIP must offer a special enrollment period in addition to open enrollment for those employees who experience a qualifying event such as loss of their other employer group coverage or the addition of a dependent. However, since the LGHIP already requires that an employee enroll in the plan when they lose other employer group coverage, special enrollment will only apply to the following qualifying events not related to loss of coverage:

- the addition of a new dependent through birth, adoption or marriage or
- a substantial change in their other employer group coverage or
- a substantial change in the cost of their other employer group coverage.

All employees who lose their other employer group coverage, whether voluntarily or involuntarily must submit an enrollment form to the SEIB with coverage effective as of the date coverage is lost.

To be eligible for special enrollment an employee must submit a declination of coverage form with proof of other employer group coverage. Persons requesting special enrollment must notify the SEIB within 30 days of a qualifying event. Notification should include:

- a. letter requesting participation in the special enrollment;
- b. a completed enrollment form;
- c. proof of a qualifying event; and
- d. a Certificate of Creditable Coverage.

<b>Full-time Date of Hire:</b>	<b>Employee Signature:</b>
<b>Local Government Unit Name:</b>	
<b>Account Number:</b>	<b>Date:</b>
<b>Signature of Insurance Clerk:</b>	

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POST OFFICE BOX 304900  
MONTGOMERY, ALABAMA 36130-4900  
334.263.8326 / 1.866.836.9137 / FAX: 334.263.8526**



## 2010 EFFECTIVE DATE OF COVERAGE ELECTION FORM LOCAL GOVERNMENT HEALTH INSURANCE PROGRAM

As a participant in good standing in the Local Government Health Insurance Program, we elect to have coverage for all future eligible full-time employees to be effective on the date of employment for the plan year beginning January 1, 2010.

We understand that this election must be applied uniformly to all new eligible full-time employees.

We further understand that this election is conditional upon approval by the State Employees' Insurance Board and shall remain in effect until such time as the State Employees' Insurance Board may determine otherwise.

<b>LOCAL GOVERNMENT UNIT:</b>
<b>EFFECTIVE PLAN YEAR: BEGINNING JANUARY 1, 2010</b>
<b>AUTHORIZED AGENT'S NAME AND TITLE (please print)</b>
<b>SIGNATURE:</b>
<b>DATE OF ELECTION AGREEMENT:</b>

**STATE EMPLOYEES' INSURANCE BOARD  
POST OFFICE BOX 304900  
MONTGOMERY, ALABAMA 36130-4900  
334.263.8326 / 1.866.836.9137 / FAX: 334.263.8526**



# SOUTHLAND NATIONAL VOLUNTARY PLAN

Effective January 1, 2010

## SUMMARY OF BENEFIT PLANS

Each employee is eligible for coverage through the Southland National Voluntary Plan. Southland offers supplemental dental and vision coverage.

## MONTHLY PREMIUMS

Vision	Dental	COBRA Vision	COBRA Dental
\$20.00	\$40.00	\$20.00	\$41.00

## ELIGIBILITY AND ENROLLMENT RULES

### A. Eligible Participants

All participants who are eligible for coverage through the Local Government Health Insurance Program are eligible to participate in the Southland National Voluntary Plan.

### B. Eligible Dependents – see page 32.

The same dependent eligibility rules apply to Southland National except that **you may** cover your wife, husband or other dependents if they are insured or if they are eligible to be insured as an active employee in the Local Government Health Insurance Program.

### C. Subsequent Enrollment of New Employees

All new hires that elect to participate in the Southland National Voluntary Plan will have coverage effective the first day of the second month following receipt by SEIB of their enrollment form. For example, if a new employee's enrollment form is received by the SEIB in the month of August, the effective date of coverage will be October 1.

NOTE: A minimum enrollment of 12 months is required for employees/dependents. Unless there is a qualifying event (death, divorce or otherwise losing dependent status), participants will be allowed to cancel Southland National Voluntary Plan coverage during the November open enrollment for coverage effective January 1, 2010.

### D. Family Coverage Enrollment

New employees may elect to have dependent coverage begin on the date their coverage begins. If dependent coverage is not elected at the time the new employee becomes covered, they may enroll for dependent coverage within 60 days of a qualifying event (marriage, birth or adoption), and the effective date of coverage will be the first day of the next month after the Change Form is received in the SEIB office.

Before dependents are added to family coverage, the SEIB must receive appropriate documentation (Social Security number, marriage certificate, birth certificate, court decree, etc.). If documentation is not received with a Southland Enrollment Form, the SEIB will send a notice to the employee to submit the documentation within 30 days. If documentation is not received by the SEIB within 60 days, the SEIB has the right to disallow the request to add dependent coverage.

E. Open Enrollment

There shall be an Annual Open Enrollment held in November (for coverage to be effective January 1) of each year to allow active eligible employees not currently participating in the insurance program a chance to enroll.

If an employee wishes to add a dependent or add family coverage to their existing plan during open enrollment, a change form (Form LG08) must be filled out.

Forms shall be completed in November with an effective date of January 1 and received in the SEIB office by November 30. If an employee does not want to make changes during open enrollment, no paperwork is necessary.

F. Cancellation of Dependent/Family Coverage

Employees who enrolled with a January 1, 2009 effective date of coverage: may cancel dependent/ family coverage during Open Enrollment for a January 1, 2010 effective date.

Dropping dependent coverage requires a qualifying event (death, divorce, or otherwise losing dependent status) outside Open Enrollment. Coverage will be cancelled at the end of the month of the qualifying event. The SEIB may require proof of qualifying event.

G. Leave Without Pay/Military Leave

Enrollment in this plan requires a minimum participation of 12 months. If an employee returns to work and did not continue their coverage while on leave without pay or military leave, they will be re-enrolled in the Southland National Voluntary Plan to satisfy the 12-month requirement. The employee may cancel Southland National Voluntary coverage the next Open Enrollment after the 12-month minimum participation has been met.

H. Continuation of Group Health Coverage (COBRA)

See page 38.

## **BILLING PROCEDURES**

### Payment Notice

Premiums for participation in the Southland National Voluntary Plan will be reflected on the regular billing.

## FORMS

### A. Enrollments

To enroll, a Southland National Voluntary Plan Enrollment Form (Form LG07 - See Appendix) must be completed and signed by the employee/retiree.

### B. Changes

To add/drop family coverage to an existing contract, a Southland National Voluntary Plan Change Form (Form LG08 - See Appendix) must be completed and signed by the employee/retiree.

To make changes to the existing plan (name and/or address changes), a change form must be completed and signed by the employee/retiree.

### C. Cancellations

To cancel all coverage, a Southland National Voluntary Plan Cancellation Form (Form LG09 – See Appendix) must be completed and signed by the employee/retiree.

**NOTE: All forms must be verified and signed by the designated payroll/personnel officer.**



**XI. SOUTHLAND NATIONAL VOLUNTARY PLAN APPENDIX**





## GENERAL INFORMATION

### ELIGIBLE DEPENDENTS

The term "dependent" includes the following individuals, subject to appropriate documentation (Social Security number, marriage certificate, birth certificate, court decree, etc.) (Appropriate documentation must be attached.)

1. Your spouse (excludes divorced or common law spouse)
2. An unmarried child under age 19, only if the child is:
  - a. your son or daughter
  - b. a child legally adopted by you (including any probationary period during which the child is required to live with you)
  - c. your stepchild
  - d. your grandchild, niece or nephew for whom the court has granted you legal custody (provided the child is not eligible for any other group health insurance benefits).
3. Children ages 19 through 25 who are full-time unmarried students attending an accredited institution. An annual student verification letter from the institution must be filed with the SEIB.
4. An incapacitated dependent will be considered for coverage to any age provided the dependent:
  - a. is unmarried,
  - b. is permanently mentally or physically disabled or incapacitated,
  - c. is so incapacitated as to be incapable of self-sustaining employment,
  - d. is dependent upon the subscriber for 50% or more support,
  - e. is otherwise eligible for coverage as a dependent except for age, and
  - f. the condition must have occurred prior to the dependent's 19<sup>th</sup> birthday (unless already covered by the SEIB as a student, in which case the condition must have occurred prior to the dependent's 26<sup>th</sup> birthday).

Neither a reduction in work capacity nor inability to find employment is, of itself, evidence of eligibility. If a mentally or physically disabled dependent is working, despite his disability, the extent of his earning capacity will be evaluated.

To apply, contact the SEIB to obtain an Incapacitated Dependent Certification Form. Final approval of incapacitation will be determined by Medical Review. Proof of disability must be provided to the SEIB within 60 days from the date the child would otherwise cease to be covered because of age.

NOTE: The SEIB reserves the right to periodically re-certify incapacitation.

**STATE EMPLOYEES' INSURANCE BOARD  
POST OFFICE BOX 304900  
MONTGOMERY, ALABAMA 36130-4900  
334.263.8326 / 1.866.836.9137 / FAX: 334.263.8526**



# GENERAL INFORMATION

## ELIGIBLE DEPENDENTS

The term "dependent" includes the following individuals, subject to appropriate documentation (Social Security number, marriage certificate, birth certificate, court decree, etc.) (Appropriate documentation must be attached.)

1. Your spouse (excludes divorced or common law spouse)
2. An unmarried child under age 19, only if the child is:
  - a. your son or daughter
  - b. a child legally adopted by you (including any probationary period during which the child is required to live with you)
  - c. your stepchild
  - d. your grandchild, niece or nephew for whom the court has granted you legal custody (provided the child is not eligible for any other group health insurance benefits).
3. Children ages 19 through 25 who are full-time unmarried students attending an accredited institution. An annual student verification letter from the institution must be filed with the SEIB.
4. An incapacitated dependent will be considered for coverage to any age provided the dependent:
  - a. is unmarried,
  - b. is permanently mentally or physically disabled or incapacitated,
  - c. is so incapacitated as to be incapable of self-sustaining employment,
  - d. is dependent upon the subscriber for 50% or more support,
  - e. is otherwise eligible for coverage as a dependent except for age, and
  - f. the condition must have occurred prior to the dependent's 19<sup>th</sup> birthday (unless already covered by the SEIB as a student, in which case the condition must have occurred prior to the dependent's 26<sup>th</sup> birthday).

Neither a reduction in work capacity nor inability to find employment is, of itself, evidence of eligibility. If a mentally or physically disabled dependent is working, despite his disability, the extent of his earning capacity will be evaluated.

To apply, contact the SEIB to obtain an Incapacitated Dependent Certification Form. Final approval of incapacitation will be determined by Medical Review. Proof of disability must be provided to the SEIB within 60 days from the date the child would otherwise cease to be covered because of age.

NOTE: The SEIB reserves the right to periodically re-certify incapacitation.

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POST OFFICE BOX 304900  
MONTGOMERY, ALABAMA 36130-4900  
334.263.8326 / 1.866.836.9137 / FAX: 334.263.8526**

**2010 CANCELLATION FORM  
LOCAL GOVERNMENT HEALTH INSURANCE PROGRAM  
SOUTHLAND NATIONAL VOLUNTARY INSURANCE**

**SUBSCRIBER INFORMATION**

Name (First, Middle Initial, Last)		Sex	Date of Birth
Social Security Number		Contract Number	

**CANCEL INSURANCE COVERAGE:**  
(Enrollment minimum of 12 months required without qualifying status change.)

\_\_\_\_\_ **Dental**

\_\_\_\_\_ **Vision**

\_\_\_\_\_ **Dental and Vision**

TO BE COMPLETED BY EMPLOYER	AFFIRMATION AND RELEASE
<p>Effective Date of Cancellation:</p> <p>_____ / _____ / _____</p> <p>_____</p> <p align="center">Local Government Unit Name</p> <p>_____</p> <p align="center">Account Number</p> <p>_____</p> <p>Signature of Insurance Clerk                      Date</p>	<p align="center"><b>AFFIRMATION AND RELEASE</b></p> <p>I hereby affirm that I have completely read and fully understand the terms and conditions of this form. I attest that all the representations made by me on this form are true and correct. I understand that any misrepresentation may result in the forfeiture of insurance coverage and that I will be personally liable for all claims related to such misrepresentation. I further understand that there is mandatory utilization review and I do hereby give permission to release any information necessary to evaluate, administer, and process claims for benefits to any person, entity or representative acting on the SEIB's behalf.</p> <p>_____</p> <p>Employee Signature    Date</p>

\* A "qualifying event" is birth, marriage, adoption, death, divorce, or otherwise losing dependent status.

**STATE EMPLOYEES' INSURANCE BOARD  
POST OFFICE BOX 304900  
MONTGOMERY, ALABAMA 36130-4900  
334.263.8326 / 1.866.836.9137 / FAX: 334.263.8526**