

Tobacco Cessation Program

A Tobacco Cessation Program is now provided by the SEIB for its covered members. Program literature can be obtained through our Wellness Program and on our website. For more information about available programs, please call ***Alabama's Tobacco Quitline at 1-800-QUIT-NOW (1-800-784-8669)***. Online resources and support are also available through the following organizations:

American Cancer Society	www.cancer.org www.everydaychoices.org
Agency for Healthcare Research & Quality (AHRQ)	www.ahrq.gov
National Cancer Institute	www.cancer.gov
American Lung Association	www.lungusa.org/tobacco
Mayo Clinic	www.mayoclinic.org

The SEIB will reimburse each member 80% of the cost of the program, with no deductible. There is a lifetime maximum benefit of \$150. Tobacco cessation seminars and all forms of nicotine replacement are covered services. Forward your name, address, contract number and a copy of tobacco cessation program receipts to:

**State Employees' Insurance Board
Wellness Division
PO Box 304900
Montgomery, Al. 36130-4900**

Prescription medications for tobacco cessation are covered through the Prescription Drug Program and are not subject to the \$150 lifetime maximum benefit.

All claims must be filed with the SEIB, not Blue Cross Blue Shield.