Closing Your Gaps in Healthcare

SEIB is offering through BCBS, a gap in healthcare premium discount program that encourages healthy habits to support and improve your overall health. You might ask; “What is a gap in care?” National guidelines for managing certain disease processes are recommended to better manage your health. If you are identified as having a “gap in your healthcare”, it means that you are missing one or more of the recommended guidelines, such as a lab test, examination, or prescription medication, necessary to manage your health. The program will focus on the five meaningful healthcare standards listed below.

1. Diabetes, Hemoglobin A1C test at least once a year;
2. Diabetes, Diabetes eye exam at least once a year;
3. Cervical Cancer Screening, Pap smear test only at least once a year;
4. Breast Cancer Screening;
5. Colon Cancer Screening.

This program will apply to all active employees, covered spouses of active employees, non-Medicare retirees, and non-Medicare spouses of retirees. If previous claims reveal that you have not met the required guidelines for any of the healthcare standards listed above, you will receive a letter from BCBS outlining the necessary steps required to close your identified gap(s) in care. Members will have until September 1\textsuperscript{st} to close their identified gap(s) in care. If you do not meet the requirements, your monthly premium will increase by $25 per month beginning January 1\textsuperscript{st} of the following year. However, you are not required to pay the $25 per month premium for the entire year if you take the necessary actions to close the gap(s) anytime during the year.

If you have questions about your identified gap(s) in care or your specific medical condition, please contact a BCBS clinician at 1-888-759-2764. You can also log on to myBlueCross at www.AlabamaBlue.com to view your care reminders and gaps in care.

Confirmation of Diabetic eye exams done by an Optometrist or any other provider that does not file your claim with BCBS, should be faxed to 205-402-9411. All documents faxed should include your name, date of birth, and insurance contract number.