

PHYSICIAN SUPERVISED WEIGHT MANAGEMENT AND NUTRITIONAL COUNSELING PROGRAMS

The SEIB will cover approved physician supervised weight management and nutritional counseling programs. The SEIB will reimburse up to 80% of the cost of a physician supervised weight management program and/or nutritional counseling, with no deductible, not to exceed \$150 per calendar year. You can apply for reimbursement by forwarding your name, address, contract number, daytime phone number, copy of the program receipt(s), and program contact information to:

**State Employees' Insurance Board
Wellness Division
PO Box 304900
Montgomery, AL 36130-4900
Fax: 334.263.8631
Email: wellness@alseib.org**

Medications, either by prescription or over the counter, are excluded from the program. Food and Dietary Supplements are excluded from the program.

**You must file your claims for this benefit with the SEIB, not BCBS;
however, BCBS will process the reimbursement.**